



Susquehanna Valley

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Non-Profit Org.
U.S. Postage
PAID
Sunbury, PA 17801
Permit No. 4

ADDRESS SERVICE REQUESTED

May-June 2017

2017

ARC Activities**

- May 7 Spring Fling
May 9 Horton Hears A Who
May 20 Bowling Banquet, Massers
June 6 Self Determination Banquet
June 19-23 Rehoboth Beach
July 22 Knoebel's Grove Picnic

AMPES: The Arc Meeting Place for Expanding and Sharing

- Mondays, Christ Lutheran Church, Mahoning Street, Milton, 6:00 to 8:00pm .
Tuesdays at Shamokin Christian and Missionary Alliance Church, Shamokin, 6:00 to 8:00pm
Tuesdays at the Assembly of God Church in Berwick, 6:00 to 8:00pm .
Tuesdays, Zion Lutheran Church Social Hall, Sunbury, 6:00 to 8:00pm .
Wednesdays, Selinsgrove Senior Center, 5:30 to 7:30pm .
Thursdays, Trinity Apartments, Bloomsburg, 6:00 to 8:00pm.

Advocacy & resources for citizens with
intellectual and developmental disabilities and their families

CAREER BOOT CAMP NETWORKING SESSION: You are cordially invited to a no-cost networking session at The Arc's office on June 1, 2017, at 2:00 pm. During this session, you will be able to get acquainted with the capable, determined self-advocates enrolled in boot camp. Light refreshments prepared by the group will be provided.

CAREER BOOT CAMP GRADUATION: The Arc's Career Boot Camp is holding its graduation ceremony and reception on June 8, 2017, at 1:30 pm in the social hall of Zion Lutheran Church. Eight self-advocates will be graduating from the program. Please come support this group of hard-working individuals!

CARNIVAL NIGHT AT SHAMOKIN AMPES: Shamokin AMPES will be hosting a carnival for self-advocates on June 20, 2017, from 6:30 pm to 8:00 pm at the Christian Missionary Alliance Church in Shamokin. Join us for games, prizes, friendship, food & fun!

RENEWED and NEW MEMBERS

Dale Fausey and Family, Judith Davis, Timothy Degand, Jillian Sporar, Jennifer Daise and Family, David Zinda, Christopher Cooper, Frances Tyson, Russell Minier, Nicole Crowley, Melissa Temple, Eleanor and Eleanor Jarrett, Kathy Bordner and Family, Mr. and Mrs. Robert Jevelle, Keith Strouse, Carol Berry and Family, Rose Marie Reed and Family, Mr. and Mrs. Charles Byerly, Marian Nelson, Jan Lingle and Family, Don, Cynthia & Joy Martz, Jan Mull, Mr. and Mrs. Albert Bednar, Mr. and Mrs. Alfred Reeves, David Scott and Family, Mr. and Mrs. Don Geise, Jim Williams, Elizabeth Shosh & Family, Joe and Cindy Carta, Cynthia Reid & Family, Susan B. Wagner, Ms. Mary Ellen Mostik and Family, Connie J Marsch and Family, Laurie Clark

On behalf of The Arc, Susquehanna Valley, we want to thank you for being a member of our Chapter

SUNBURY AMPES PRESENTS

HORTON HEARS A WHO

Date: Tuesday, May 9th 2017

Time: 6:30 p.m.

Location: Zion Lutheran Church

15 S. Fifth Street, Sunbury

Please use the elevator entrance on Fifth Street.

Take elevator to the basement floor and follow signs to the Social Hall

Keystone Music Group will meet 3rd Thursday of each month at 6 p.m.

Front Street Christian Assembly 1188 N. Front Street

May 18, June 15, July 20, August 17, Sept. Oct. 12, 21, Nov. 16, Dec. 21

Call Jan Mull at 570-898-3218

See Back Page

Why YOU should join The Arc!

There are many benefits to being a member of The Arc, Susquehanna Valley! You will automatically become a member of The Arc of Pennsylvania and The Arc of the United States. You will receive their newsletters to keep you informed about current changes happening at the state and national levels to improve things for our constituency. Your dues help pay for advocacy and services at the local, state, and national level. Our members are the backbone of the organization. Your membership will add strength to that backbone.

MEMBERSHIP APPLICATION

Make a Difference! Please make checks payable to "The Arc, Susquehanna Valley"

Name: _____

Address: _____

Address2: _____

City: _____

State: _____ Zip: _____

Home Phone: (_____) _____

Cell Phone: (_____) _____

E-mail: _____

Classification:

_____ Self-Advocate (disabled person)

Age: _____ Birth date: _____

_____ Parent/Relative of disabled person

_____ Professional in the field

_____ Interested Citizen

_____ Other

Membership:

_____ \$15 Individual _____ \$20 Family

_____ Additional donation of \$ _____

Mail Form and Payment to:

The Arc Susquehanna Valley
P.O. BOX 892
Sunbury PA, 17801



Keeping our self-advocates, families, caregivers, and provider agencies informed of upcoming events through a bi-monthly newsletter is important to our organization. In addition, as many of you are aware, The ARC, Susquehanna Valley operates on a limited budget. Due to labor and material costs, we are only mailing hard copies of the newsletter to dues-paying members. After careful consideration, we determined that the money and time saved will be better spent on providing quality programming that directly benefits those we serve.

In order to get a paper copy of Arc newsletter mailed to you which includes registration forms for our events, you will have to be a dues paying member, and keep your dues current each year. Getting our newsletter with current information on all Arc events including the necessary registration forms will be an incentive for everyone to be a member of The Arc, Susquehanna Valley. In future months, we will be announcing further incentives to be a member of our Arc. We are attaching a Membership Form to this newsletter, and I encourage you to join

For the time being, you can still get our newsletter by logging onto the Arc website at www.thearcsusquehanna.org. There you will find our newsletter which includes our event schedule.

If you are not a current dues paying member of The Arc, Susquehanna, we encourage you to support our programs and services by becoming part of our membership.

SELF DETERMINATION BANQUET



The Self Determination Council of Northumberland County
with
The Arc, Susquehanna Valley

Will hold the annual Self-Determination Banquet
at the
Silver Moon Banquet Hall, 150 Silvermoon Lane, Lewisburg
on
Tuesday, June 6, 2017

Vendor setup at 4:00pm. Doors for guests open at 4:30PM. Event starts **promptly at 5:30PM**

MENU: Stuffed chicken breast, mashed potatoes, vegetable, rolls, coleslaw, applesauce, and nonalcoholic beverages. Cake will be served for dessert.

The Providers will have booths for you to visit.
There will be time to meet and greet our friends before and after the presentation and dinner.

We will be having a special guest speaker this year, Jordan Schubert who will begin his presentation **at 5:30pm**. It is **important** that everyone be seated by then.

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Self Determination Banquet

Self-Advocate Attending _____ County coming from _____

Care Giver or Provider Attending _____

Contact phone or cell number _____

Preferred method of registration is by mailing or dropping off this form at Arc offices. Seating is limited to the first 300 registrations.

CALL OR SEND FORM IN TODAY TO MAKE YOUR RESERVATIONS!
Seating is limited to 300 guests

RESERVATION DEADLINE: MAY 19, 2017 or when 300 guests register

Call or write The Arc, Susquehanna Valley
P.O. Box 892, Sunbury, PA 17801 570-286-1008

The Arc Annual Knoebel's Picnic 2017

Saturday, July 22 10:30am – 2:00pm

Pavilion J

Cost- \$5.00

RSVP by July 3rd 2017

Come join us for a day at the park! After lunch you can socialize, play a game of bingo with us, go swimming, go into the park and ride the rides or just people watch.

Catered lunch being served PROMPTLY @ 11:00

Menu: Hamburger, hotdog, baked beans, macaroni salad, iced tea, and ice cream.

Water and pink lemonade will be provided by the Arc.

Arc Annual Knoebel's Picnic- Saturday, July 22, 2017

RSVP with payment by July 3rd- **RSVP will be strictly adhered to!**

Cost- \$5.00 per person

Please remember, all self-advocates must be accompanied by a responsible caregiver.

Self advocate attending: _____ **County:** _____

Emergency Contact: _____ **Phone:** _____

Staff attending: _____ **Phone:** _____

Guests Attending: _____ **Phone:** _____

Total # attending: _____

Send full payment to:

The Arc, Susquehanna Valley 570-286-1008

PO Box 892

Sunbury, PA. 17801

By signing up to attend The Arc, Susquehanna Valley events, I grant its representatives and employees the right to take photographs of me and my property. I authorize this organization, its assigns and transferees to copyright, use and publish the same in print and/or electronically. I agree that The Arc, Susquehanna Valley may use such photographs of me with or without my name and for any lawful purpose, including for example such purposes as publicity, illustration, advertisement and web content

Do you want to make a difference?

Many of you know that the Arc holds special events many times each year. You know about the dinners, the dances, the picnics and the trips.

But do you know that our Arc offers AMPES programs in six different locations throughout Northumberland, Snyder, and Columbia Counties. Do you know that we offer a STEP program for middle school aged children in the Sunbury Area? Do you know that our Arc offered a pre-vocational program for those self-advocates looking to find their first job, or to find a better job? How about our popular DREAM class conducted by Brian Habermehl? We also do 1 on 1 training and offer a representative payee program for those self-advocates that need someone to help manage their money.

We need your help for us to continue to improve and enhance our programming to better meet the needs of our self-advocates. It is easy to donate to the Arc. Here's how!

Go to our website at www.thearcsusquehanna.org

Click on the red Donate tab at the middle right of your screen

That will take you directly to PayPal, where you can donate to us. It's easy!

This is an easy way to donate to The Arc, Susquehanna Valley and know that your generosity will make a difference in the life of a self-advocate. There are also many other ways you can donate to our Arc, and be assured your donations will help us serve even more self-advocates. If you would like to explore other options to help us, please feel free to call us at 570-286-1008 or stop in our office and talk to our Executive Director.



Look for this link on our website:

THE ARC, SUSQUEHANNA VALLEY'S

SELF ADVOCATES OF THE SUSQUEHANNA VALLEY Upcoming Opportunities

Wednesday, May 3, 2017

Art Night with the YMCA Arts Center

Zion Lutheran Church, 15 South 5th Street Sunbury 6:30-8PM

Wednesday, May 17, 2017

Summer Planting: Raised Bed Gardens

10 AM-11 AM South 5th Street Sunbury

Wednesday May 24, 2017

Summer Planting: Raised Bed Gardens

10 AM-11 AM Claude Kehler Park Arch Street Shamokin

Thursday May 25, 2017

Summer Gathering! We'll make Barbeque! Bring a dish to share!

Grace Lutheran Church, 120 Spruce St. Sunbury 6-7:30 PM

Thursday June 1, 2017

Making A Joyful Noise with Verlaine Shaw

1st Reform United Church of Christ, 2nd and Chestnut St. Sunbury 6-7 PM

Thursday June 22, 2017

Making Burritos!

Grace Lutheran Church, 120 Spruce St. Sunbury 6-7:30 PM

D.R.E.A.M. Classes- These classes take place every Monday morning from 10 AM to 11:30 AM. Use technology to achieve your mission. Classes are in Arc Conference room 102, Zion Lutheran Church 15 South 5th Street Sunbury.

LET'S MEET UP TO LEARN! Brian Habermehl and Mark Reeves will be glad to set up an appointment with you!

Email Brian: bhab123@ptd.net or call 570-286-1008 for more! Mark: markreeves419@windstream.net

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